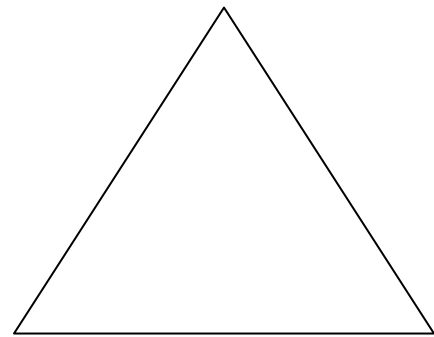


# Notes on Building Relationships That Age Well

1. Love is \_\_\_\_\_

2. In any romantic relationship, the physical, emotional, financial, and spiritual \_\_\_\_\_ should be balanced.

3. At the same time, the shape of the triangle will change at different seasons of life.



## 4. Relationship Style

A-frame relationships are ENMESHED - no \_\_\_\_\_ or \_\_\_\_\_

H-frame relationships are DISENGAGED – no \_\_\_\_\_

M-frame relationships are INTERDEPENDANT – \_\_\_\_\_

5. The primary question every couple has to ask is:

\_\_\_\_\_

6. Everyone has a different \_\_\_\_\_

7. Are you trying to love this person with their love language or with yours? Two ways I can show you I love you:

1.

2.

8. How can we bring Romance back into our relationship ?

There is nothing more romantic than a spouse \_\_\_\_\_

The only way you can impact that is to

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9. The closer you both draw to God, the closer you will draw

\_\_\_\_\_.

When \_\_\_\_\_ is the ballast below the waterline of your relationship, you gain the balance and stability needed when the storms of life strike.

10. Imagine a happy couple in their 70's. What characteristics would they exhibit? Are you practicing the habits of thought, speech and deeds now that would make you that kind of spouse then ?